

I HAVE, I AM, I CAN

In search of maturity, inner strength, and initiative

INSPIRATIONAL SPEECH FOR LARGE AUDIENCES BY SZYMON KUDŁA

What distinguishes galvanized go-getters from apathetic veterans? This power speech is based on Szymon's famous metaphor about "bees" (positive warriors) and "flies" (whining naysayers). The bee's personal operating system is "I have, I am, I can," and is contrary to the fly's demanding attitude. After all, as George Bernard Shaw used to say, "This is the true joy in life, the being (...) a force of Nature instead of a feverish selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy."

Perfect for: teams striving to augment their sense of agency and proactivity.

- **I HAVE: HUMBLENESS AND APPRECIATION.** Beware of demanding attitudes and do not escalate claims yourself. Do not make a big deal out of minor challenges. Remember that we enjoy a more comfortable life than 80% of people on the planet.
- **I AM: SELF-ESTEEM.** Remember that insecurities and complexes have enormous negative firepower and can undermine your resilience. Meanwhile, there is some great proof that each of us is potent, smart, and entrepreneurial from the very moment of conception!
- **I CAN: SENSE OF AGENCY.** Do not ruminate on things that do not depend on you. Use whatever resources you have instead. Well, you can spend your whole life in a safe corner office. But is that really the point? How do you want to remember this very moment in 10 years?

